

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday			
5:00 PM	6:00 PM	JiuJitsu Fundamentals (Upstairs)	MT Children's Class (Blue Mat)	JiuJitsu Fundamentals (Upstairs) Boxing (Blue Mat)	MT Children's Class (Blue Mat)	JiuJitsu Fundamentals (Upstairs)	11:00 AM	12:00 PM	MT Children's Class (Upstairs) Cardio KB (Blue Mat)	1:00 PM	3:00 PM	Boxing (Upstairs/Ring) Open Mat (Red Mat)
6:00 PM	7:00 PM	JiuJitsu Intermediate (Upstairs) Boxing (Blue Mat)	MT All Levels (Red Mat) JiuJitsu Fundamentals (Upstairs)	JiuJitsu Intermediate (Upstairs)	MT All Levels (Red Mat) JiuJitsu Fundamentals (Upstairs)	Boxing (Blue Mat)	12:00 PM	1:00 PM	MT All Levels (Red Mat)	1:00 PM	2:00 PM	MT Advanced (Red Mat)
7:00 PM	8:00 PM	Cardio KickBoxing (Blue Mat)	MT Advanced (Red Mat) JiuJitsu Intermediate (Upstairs)	Cardio KickBoxing (Blue Mat)	MT Advanced (Red Mat) JiuJitsu Intermediate (Upstairs)	MT Fundamentals (Red Mat)						
8:00 PM	9:00 PM	MT Fundamentals (Red Mat)		MT Fundamentals (Red Mat)								

		Monday	Tuesday	Wednesday	Thursday	Friday
6:30 PM	8:30 PM	MMA Class		MMA Class		MMA Class

*** To participate in MMA Classes, participants must get head instructor approval, have previous fight experience, and be enrolled in the Unlimited-MMA membership.